



PROCEDURE

You will need:

2 pieces of fabric 7" x 9"

2 pieces fabric 1 ½" x 6"

4 pieces fabric 1 ½" x 24" (We will sew together to create 2 pieces of fabric 40" length for straps)

Ruler

Pins

Scissors

Sewing Machine

There is a lot of information online about what material is the best material to use. What everyone seems to agree on is any face covering is better than none. If you want to make this one a touch thicker and have an extra piece of material that you cut 7" x 9" you could triple it up if you wanted to.

Using one muslin bag from your cable I was able to cut everything needed to create one DIY mask.



1. Cut off the top where the drawstring is

2. Top left corner measure 7" x 9" (since the bag has two sides you already have your 2)
3. Just to the right of that cut a strip 1 1/2 "x 6"



4. Now the bottom of the bag – I cut off about a 1/4" along the right side just to take the edge off. The measured 1 1/2" for the height and cut all the way across. (you will sew these pieces together later to create the 2 – 40" strips.
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Once the pieces are cut –we begin:

1. Take the 2 pieces of 7" x 9" piece and sew a $\frac{1}{4}$ " seam around the entire piece of material.

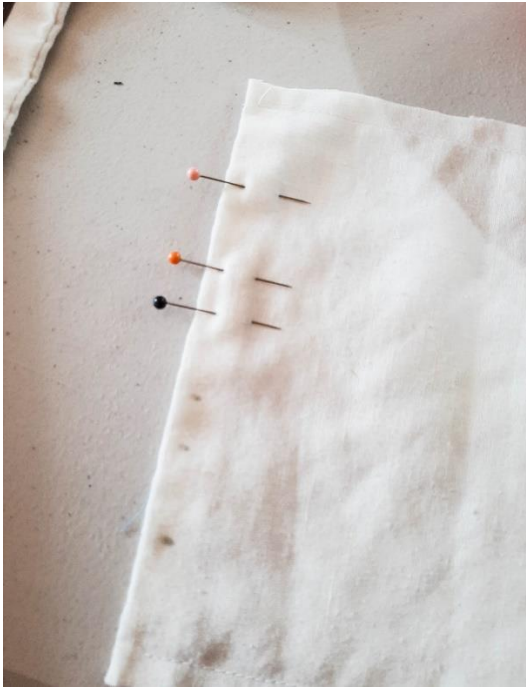


2. We need to create pleats. Using a ruler on the 7" side of the material take a pencil and mark

$1\frac{1}{2}$ " --- 1" --- $\frac{1}{2}$ " --- 1" --- $\frac{1}{2}$ " --- 1" --- and you should have $1\frac{1}{2}$ " left



3. Take a pin and put one on every line you just made.



4. You should have 6 pins in your fabric. To make the pleats bring first pin to second (Take one of the pins out and using the other pin, pin the fabric together. On the picture below I have two of the pleats done and the last one is not. Looking at the last one take the green pin and connect it to the red pin (Like a wrinkle in time) then pin that pleat together.



5. Sew where the pins are (on the left and right side) $\frac{1}{4}$ " seam



Just two more sections to go...

1. Take the 6" strip and press $\frac{1}{4}$ " on one side. Lay unfolded side along pleated edge of mask. In the picture below I pinned the $\frac{1}{4}$ " seam so it wouldn't come undone, go ahead and sew a $\frac{1}{4}$ " seam along the right side (connecting the mask to the 6" strip)
2. Now you have one side attached to the mask. Fold the strip around to the other side of the mask. It should line up so the $\frac{1}{4}$ " fold will be on the other side of the material and now sew that.
3. Repeat on the opposite side with the other 6" strip.
4. They give you extra room on the 6" strip – take your scissors and cut the top and bottom so you have a perfect rectangle.



Onto the straps.

You should have at least 4 strips (approximately 24" each in length because they are folded at original seam.)

1. Let's start with 2 of those strips. I cut mine where the seam originally was, so now I have 4 strips a little smaller than 12" in length. The reason I did that was I want to make sure anything with words on it is at the end of the strap, I didn't want part of the word on the front of the mask.



2. Now I have 4 strips – I sew them together to create one long strip that will be approximately 40" (You could cut it down to be exactly 40" or have your straps just a touch longer. Note the next picture. When I did sew them together, I had the words on top and sewed the pieces together. This way when I fold it together in a minute the words fold inward.



3. This next step was easiest with the iron. Fold and press the edges to the center. (Make sure the words are on the inside and not folded opposite touching the iron.



4. Next to attach to mask -find the center of the top of the mask and the center of your strap. We're going to sew this the same way we did the sides. Open up one of the edges we just ironed. Lay that side down on top of the mask (seen in the picture below). Sew a $\frac{1}{4}$ " seam across top of mask.



4. Wrap material around to other side. Your $\frac{1}{4}$ " ironed seam should line up on the other side. Go ahead and pin to mask.



5. Before we sew this side go to the very edge of the strap. Fold the end $\frac{1}{4}$ " down, then re-fold where your pressed creases are. (That is so all your loose edges are within and not showing.)



Now sew from one side of the 40" strap all the way across the mask to the other side.



In the end it should look something like this.....

Between the pictures above and the original .pdf I hope you will find this mask helpful. If you have any questions along the way don't hesitate to ask!

